

It's that time again if you haven't heard....

25-26 season is here!!!!

Fall, Winter, and Spring

OUTDOOR

*Mondays with no practice are:
Nov. 24th, Dec. 22nd, March
16th, & April 6th

INDOOR

Monday nights starting

September 8th-October 27th and then again
February 2nd-May 18th @ Randall HS new
practice field from 6:00pm-7:00pm.

*warmup begins at 5:45pm so you are ready for
practice at 6pm

Monday nights

November 3rd-January 26th @
TBD from 6-7pm

You will get in: **Running form**
Agilities

Workouts
Plyometrics

Field Event Work
& More

Website:

www.runwtx.com

Get
Registered NOW by
month!

AGES 5-18
\$75 A MONTH

**The time
is NOW!!**

WEST TEXAS

Competitive season is in the summer:
June & July

If interested sign-ups will be January
and February for competitive season!

Contact for ?'s
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